

PEOPLES ANONYMOUS MEETING GUIDELINES

INTRODUCE YOURSELF

1) READ THE PA PREAMBLE

2) READ - I AM HERE TO BE TRULY HELPFUL STATEMENT

3) HAVE SOMEONE READ THE PA 12 STEPS

4) HAVE SOMEONE READ WHY PA (FIRST 2 PARAGRAPHS ONLY)

5) ASK FOR ANY PA ANNOUNCEMENTS? ALSO ANNOUCE TO

PLEASE KEEP SHARING TO 3-5 MINUTES. THE PA MEETING Meets here

at: _____ Day: _____ Time: _____

6) PLEASE INTRODUCE YOURSELF WITH FIRST NAME BEFORE YOU SPEAK & NO

CROSS-TALK IF POSSIBLE.

7) INVITE ANYONE WHO IS HERE FOR THE FIRST TIME TO INTRODUCE THEMSELVES.

8) ASK REMAINING PEOPLE TO INTRODUCE THEMSELVES SO THAT WE GET

TO KNOW YOU.

9) OPEN THE MEETING WITH A FEW MOMENTS OF SILENCE AND THEN THE

SERENITY PRAYER.

10) SPEND THE FIRST HALF OF THE MEETING READING OUT OF THE PA BOOK

11) AT HALFTIME PASS THE BASKET AND ANNOUNCE "WE ARE SELF

SUPPORTING DECLINING OUTSIDE CONTRIBUTIONS."

12) SPEND THE LAST HALF OF THE MEETING IN OPEN DISCUSSION ON THE STEP

READ OR ANYTHING RELATED TO THE 12 STEP PROGRAM OF HEALING.

13) CLOSE THE MEETING WITH THE LORDS PRAYER (FOR THOSE WHO WANT TO JOIN)